

## **ICEBREAKER**

## THAT TAKES ME TO...

Everyone gets 2-3 minutes to take the object and tell a story about where it takes them too. They give the word/object to someone else across the circle, until everyone has had a chance to tell a story.

## DIRECTIONS:

- ✓ The facilitator introduces the session.
- The group is asked to stand in a circle, one person will start by telling a short story which ends on an object for example "Yesterday I was in the park with my friends and I saw a bicycle, I give you bicycle" and then the receiving person tells a story based on the object "Bicycle takes me to when I was 7 and I was learning to ride, I fell of my bike and had to have stitches, the doctor gave me a lollipop, I give you Lollipop"...
- The facilitator keeps time.
- ✓ 20+ minutes for this exercise.